

GO-BIKE CHECKLIST



CARDIO



UNDERWEAR



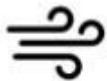
JERSEY



SOCKS



GLOVES



WINDSHIELD



RAINCOAT



BUFF



CAP



BACKPACK



POWERBAR



GEL



HYDRO



FRUIT



SANDWICH



WALLET



PHONE



COMPUTER



MEDICINE



KEYS



PUMP-TUBE



LIGHT



MULTITool/REPAIR



MAPS



SHOES



HELMET



EYEWEAR

GO!



